

**NON-INVASIVE METHOD AND APPARATUS FOR CARDIAC  
PACEMAKER PACING PARAMETER OPTIMIZATION AND  
MONITORING OF CARDIAC DYSFUNCTION**

**ABSTRACT**

5 Non-invasive method and apparatus for monitoring the condition of a  
heart failure patient and for optimizing the pacing parameters of a cardiac  
device implanted in a patient. A plethysmogram signal, e.g., a finger  
photoplethysmogram, is obtained from a patient and provided to a  
programmer device. The plethysmogram signal is analyzed by the  
10 programmer device to obtain a cardiac performance parameter, e.g., a  
pulse amplitude response, a degree of pulsus alternans, or irregularity in  
the pressure pulses detected in an atrial fibrillation patient. The effect on  
the cardiac performance parameter derived from the plethysmogram is  
determined for various pacing parameter values in a manner so as to  
15 reject noncardiogenic effects and artifacts. Pacing parameters resulting in  
the best cardiac performance parameter may be selected as the optimum  
pacing parameters. The programmer device may monitor a Valsalva  
maneuver performed by a patient. Optimum pacing parameters may be  
derived by analysis of the plethysmogram signals obtained during  
20 performance of the Valsalva maneuver using different pacing parameters.